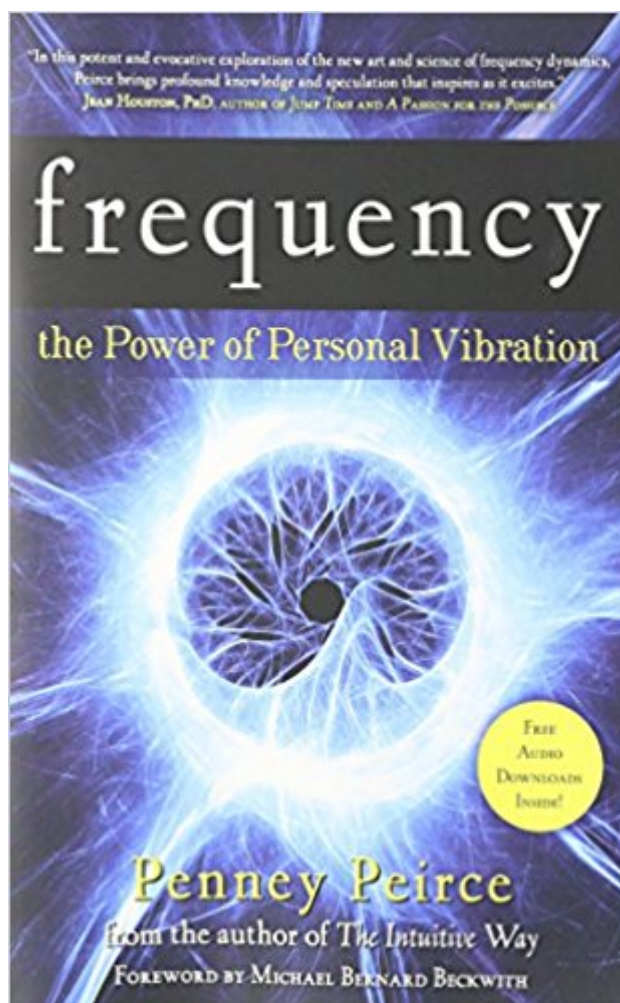


The book was found

Frequency: The Power Of Personal Vibration



Synopsis

As we move from the Information Age to the Intuition Age, we need new methods for navigating in an accelerating world. *Frequency* is the seminal book on living in an energy-based reality--and it provides a reassuring, step-by-step roadmap into a positive state of awareness. Inside us and everywhere around us, life is vibrating. In fact, each of us has a personal vibration that accurately communicates who we are to the world and helps shape our reality. *Frequency* shows us how to feel our personal vibration or "home frequency," improve it, and stabilize it as our new normal. A simple shift in frequency can change depression to peace, anger to stillness, and fear to enthusiasm. Learning to manage our own energy state can put us on track with our destiny--the life we're built for. You have a choice about the way you feel and what your life can be. By learning to use frequency principles--methods based on the way energy actually functions--we can keep our energy level high and productive, receive subtle information directly from the environment via "empathic resonance," and quickly free ourselves from negative or low vibrations. Because life is accelerating, we've become acutely sensitive. Whether it's feeling a wider range of emotion, other people's experiences and secret thoughts, "event-waves," or pending shifts of direction in our own lives and society, we're very much affected by the subtle, energetic things we sense--and it often feels overwhelming. Understanding frequency principles helps us make sense of this new "energy information," so life can shift from ordinary to extraordinary. Weaving together basic ideas from quantum physics with proven intuition development techniques, *Frequency* takes us into a deeper understanding of the interconnection of the physical and nonphysical worlds--while speaking to us in warm, familiar, clear, and beautiful language. By learning to refine the "conscious sensitivity" of our body, we can improve relationships, find upscale solutions to problems, and materialize a life that contains everything we want and need. The techniques in *Frequency* can help us succeed in the new "energy reality" that's emerging as we speak. Learn about the new dynamics of energy, time, and intuition. Learn the importance of unblocking the flow so you can move fluidly. Here are some of the topics addressed in *Frequency*: why we're so sensitive today; how to feel your personal vibration, improve it, and use it; the 9 stages of the transformation process; how far along are YOU? shortcuts to self-renewal; how to get back in your "home frequency" quickly when you're knocked off-center; using intuition and sensitivity techniques to access the knowledge contained in your body and energy field; improving troublesome relationships, and materializing and dematerializing the "stuff" of your life; shifting negative vibrations and situations back to productive, joyful flowing movement. This is a dramatic time--when many of us are "frequency-sorting," deciding who we want to be, who we want

as friends and colleagues, and what we want our life to feel like. We're letting go of old, ineffective habits and toxic people. We're chafing at any reality that's too limiting. Frequency helps you become clear--and quickly.

Book Information

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Customer Reviews

Penney Peirce, a master teacher and author, has gifted us with this powerful book that weaves so many strands in the consciousness tapestry into a coherent whole. Throughout the pages of this illuminating book, readers will find hope to replace despair and helplessness, and will discover new tools to live a wholesome and satisfying life.--Marcia Emery, PhD, author of *PowerHunch!* and *The Intuitive Healer*Frequency will put you in touch with yourself in a way you never dreamed possible. Penney Peirce, with her amazingly comprehensive grasp of intuitive and empathic perception, has crafted a highly useful book that will help you reliably recognize the core vibration of your truest self, and harness your sensitivity so all areas of your life can change for the better." --Carol Adrienne, PhD, author of *The Purpose of Your Life*Frequency is an amazing book, synthesizing diverse views for expanding our perception and developing extraordinary human capacities. It's a handbook for the future, and will be an invaluable personal guide for adapting in a healthy and creative way to living in this accelerating world.--Hal Zina Bennett, author of *The Lens of Perception: A User's Guide to Higher Consciousness*In this book, Penney Peirce explains the often misunderstood and overlooked subtleties of energy and vibration. As a psychic detective, I use body sensitivity and the ability to discern subtle energy for crime scene work, tuning in to the frequencies of a location to

recreate what took place there. Frequency offers readers the tools to recognize and develop these sensitivities in themselves to speed personal growth and find greater freedom in life.--Pam Coronado, Intuitive Investigator and costar of Sensing Murder, Discovery Channel have known Penney for many years. I took my first intuition training class from her almost 30 years ago, which was instrumental in the development of the Inner Bonding process. Frequency is filled with Penney's profound wisdom and is deeply helpful to anyone wanting to raise their frequency, achieve inner/outer unity, tap into their own profound wisdom, and move toward emotional enlightenment.--Margaret Paul, PhD, author/co-author Do I Have To Give Up Me To Be Loved By You?, Inner Bonding, and Healing Your Aloneness,"In this potent and evocative exploration of the new art and science of frequency dynamics, Peirce brings profound knowledge and speculation that inspires as it excites. If applied across many disciplines, it provides a basis for new ways of being and doing, health and creativity."•Jean Houston, PhD, author of Jump Time and A Passion for the Possible"We are all affected by positive and negative energy whether we realize it or not. With the wisdom contained in this book, you will learn how to raise the level of your vibration•your frequency•to benefit yourself and humankind in miraculous ways."•Masaru Emoto, author of The Hidden Messages in Water"Many indicators tell us we are about to experience a rapid transition to a new world that will change the essential nature of who we are and how we understand reality. Transcending the coming chaos is possible with the toolset provided here. Frequency is an unprecedented gift for the person who is ready to evolve."•John L. Petersen, founder of The Arlington Institute and author of A Vision for 2012"Seeing ourselves as energy beings is the most important breakthrough of our times. In Frequency, Penney Peirce clarifies many of the energy principles that have previously been unacknowledged, but which we can now intentionally use to keep ourselves healthy and improve the realities we live in. I laughed out loud when I read this book, and enjoyed it immensely."•Richard Bartlett, author of Matrix Energetics and Physics of Miracles

Penney Peirce is a gifted clairvoyant-empath and visionary, and one of the pioneers in the intuition development movement. She is a popular author, lecturer, counselor, and trainer specializing in intuition development, inner energy dynamics, expanded perception, personal transformation, and dream work. She has worked in the US, Japan, Europe, South America, and South Africa since 1977, coaching business and government leaders, psychologists, scientists, celebrities, and those on a spiritual path about the hidden dynamics of what makes for true success. She has been involved with The Center for Applied Intuition, The Intuition Network, The Institute for the Study of

Conscious Evolution, The Kaiser Institute, Knowledge Harvesting, and The Arlington Institute (futurists). Peirce is the author of: *[Transparency: Seeing Through to Our Expanded Human Capacity](#)* *[Leap of Perception: The Transforming Power of Your Attention](#)* *[Frequency: The Power of Personal Vibration](#)* *[The Intuitive Way: The Definitive Guide to Increasing Your Awareness](#)* *[Dream Dictionary for Dummies](#)* *[Be the Dreamer Not the Dream: A Guide to 24-Hour Consciousness](#)* *[The Present Moment: A Daybook of Clarity and Intuition](#)* *[Bits & Pieces 1, 2, and 3](#) Penney's work is open-minded, practical, and sophisticated, synthesizing diverse cultural and spiritual world views with many years' experience in business as a corporate art director. She is extraordinarily attuned to the intricacies of the mind and the dimensions of human awareness, blending a deep understanding of natural laws with a designer's skill in structural patterning. She is known for her ability to present complex ideas in a common sense, easy-to-understand way. Penney lives in Florida. Her website is: penneypeirce.com.

I have read it halfway now. The book is not an easy read for "elementary"-level spiritual seekers. I would recommend it for "Advanced" seekers. The book summarizes very well my personal experience. I agree with every word. Very helpful.

Interesting book. 5 stars because it was an easy read and a good book to keep going back to. Some of the ideas in the book were new to me and some were a little far out for me, but I've been through this book at least 3 times and always find interesting new ideas to think about and try to apply to my life. I've recommended this book to a lot of ppl and will continue to do so. Hope this helps

I haven't finished reading it (but I will) because it has not captured my attention as I had hoped. I liked another book by Penney, the intuitive way, but this one is not resonating with me. There doesn't seem to be a flow, it jumps all over the place, like I could start reading from anywhere if I wanted. I am an avid reader of metaphysical topics, and I know that sometimes I pick a book that I read, then read it again a couple years later and it makes a whole lot of sense the 2nd time around. Not sure this one will be one of those books. If I finish reading the book and change my mind, I will post an update.

This is a stimulating, compelling, comprehensive book about the frequency, vibrations and spiritual science that is part of every human being. The book surrounds itself around the concept of the "home frequency," a state of relaxation and calmness that is our optimal state. Think of it as homeostasis. We can always return to this state at any time of the day, at any moment. In this home frequency state, all things are possible, and all realities can materialize, if the soul deems it right for its development. The author deems that we can connect to others in this state, gain information from a variety of sources, and be far more intuitive. We can function better, be more centered and aware. There are radio waves and wireless waves that transmit information at different frequencies, so it is too absolute to say there can be no waves that are transmitted from humans when the brain and heart are electrical organs. Some of these concepts may sound New Agey, but the author does a great job making her case with logic and resounding clarity. The one concept I was really left with was the home frequency; at this state you are operating at a high frequency. I've never heard of this concept and I'm not sure if Peirce created the term, or if it's been known in the industry. But there is truth to this home frequency, it's the state you feel when you meditate, when you feel present and mindful. It's true, when you're relaxed and calm, and open, things tend to run more smoothly. The book is definitely worth a read, well written and edited, and original in its take. It's a great addition to the collection of books on science attempting to explain spirituality.

This is a great book to learn about energy and especially your own! I recommend it!

This book outlined so perfectly the place that we are being called to within ourselves. The truth is that in surrendering to the awareness of our frequency in the moment all things are transformed, and love paves the way always! Everything we need has always been available and good and greater good is our birthright.

I have read a lot of metaphysical material, particularly books related to the Law of Attraction, but this one is different. It's not easy to convey the messages we receive from Source to others, but Ms. Pierce has done an admirable job of breaking down life in these modern times--both the challenges and our potential subsequent breakthroughs. She has also laid out the map for our development past these challenges to a higher state of being. And I personally find it is helpful to get a glimpse past the troubles of our current age to a place of greater peace and joy. I particularly like Ms. Pierce's perspective on everything manifesting from our own energy field--not from some place outside of us. There is much food for thought here, so be prepared to read this one again and again.

I purchased this audiobook recently and it has truly resonated with me. I LOVE it and highly recommend it to anyone ready to receive the blessings from what Penney Peirce has to say. There are many reviews that sing this book's praises, so I'm not going to go further into detail about why I love it. However, I do want to address something. While I agree with some of the reviews that say it starts off slowly, I felt the beginning of the book was important for laying the theoretical foundation for people unfamiliar with her beliefs and spiritual philosophy. She is simply bringing people unfamiliar with this topic up to speed. If you don't like the beginning or you feel it is slow or unnecessary, just skip that one part! But don't stop reading or listening to the entire thing because you will miss out on a phenomenal experience! The slow part was only a tiny sliver of the book. In the case of the audiobook, it was probably the first 20 minutes that were slow, while the entire thing is 11.5 hours long!! I say this because I found this book to be life-altering, and I want others to receive its blessings as well. There are just so many people in the world that could benefit from it. I encourage you to make this purchase and judge it for yourself. And for those who don't find value in it, please donate it or give it to a friend who may want or need to hear what Penney Peirce has to say!

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